



KCFARM
SCHOOL
AT GIBBS ROAD

THE KANSAS CITY
FOOD HUB

Community Cookbook

CREATED BY

KC Farm School at Gibbs Road, in partnership with the farmers of Kansas City Food Hub and community members like you, has created a community cookbook full of recipes, tips and information about the veggies our farmers grow for you.

All of the cookbook pages were created by KC Farm School Interns Dani Loma-Jasso and Brigid Mark in collaboration with regional farmers, community members and friends.

STAPLES

Here are some items that are good to have on hand when cooking!

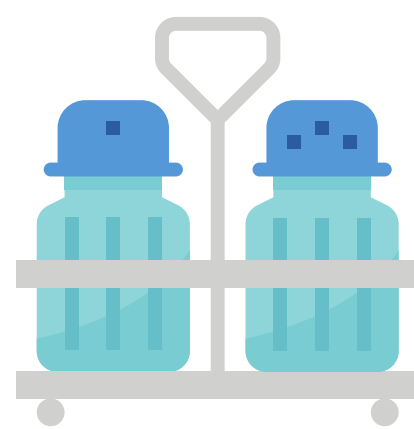
Spices



Garlic



Olive oil

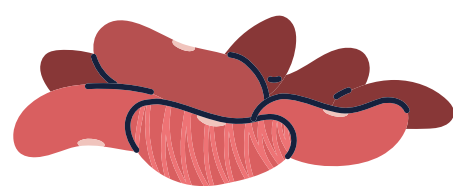


Salt and Pepper

Onions



Pasta



Beans



Rice

Tomato



Broth

